

VISUAL ARTS

REVISITING RUSKIN'S ELEMENTS OF DRAWING

Based on the ideas of John Ruskin the following art workshops and courses are designed for the complete beginner as well as for those who would like to develop their techniques:

ART WORKSHOPS AND COURSES

One day £40 per person

13th March, 17th April, 5th June, 10th July, 7th August, 18th September, 20th November.

Innovative techniques for using graphite sticks and watercolour. 10% discount if 4 or more workshops booked.

Tutor: Patrick Corbett

BEGINNING WATERCOLOUR

3 days £110 per person

17th, 18th, 19th Feb 10.30am-4.30pm

PEN, INK & WASH

31st March, 1st, 2nd April 10.30am-4.30pm

SKETCH BOOK

26th, 27th, 28th May 10.30am-4.30pm

ARCHITECTURE – perspective and buildings

21st, 22nd, 23rd July 10.30am-4.30pm

DEVELOPING WATERCOLOUR

21st, 22nd, 23rd August 10.30am-4.30pm

Tutor: Patrick Corbett

MIXED MEDIA

5 days £185 per person

19th to 23rd October 10.30am-4.30pm

5 day course brings together elements from the programme of 3 day courses. 10% discount for those who have been on previous courses.

Tutor: Patrick Corbett

BOTANICAL ART WORKSHOPS

One day £40 per person

30th April, 18th June, 27th Aug, 1st Oct
10.30am-4.30pm

One day workshops learning techniques with pastel crayon.

Tutor: Valerie Wood

THE JOY OF ART

Half day £20 per person

10th Sept, 24th Sept, 8th Oct, 15th Oct
2pm-4.30pm

A series of short study days aimed at opening up the world of art. Learn how to read pictures, to understand how they speak.

Tutor: Howard Hull

GARDENING & HORTICULTURE

SEEING YOUR WAY INTO GARDENING

These half day workshops will provide the steps in a journey of discovery for anyone who wants to garden from the heart instead of by the book.

Half day

£20 per person

WHERE DO I BEGIN

Monday 22nd June 9.30-2.30pm

LEARNING FROM THE LAND

Monday 20th July 9.30-2.30pm

UP FOR THE CHALLENGE

Monday 21st September 9.30-2.30pm

Tutor: Sally Beamish

HEALTH & WELL BEING

HEALTH.YOUR FIRST WEALTH

One day £40 per person

23rd April & 17th September 10am-4pm

Discover the principles that make up true `well being` and work towards an individual wellness plan.

Tutor: Lisa Hine

INTRODUCTION TO HERBAL MEDICINE

One day £40 per person

15th July 10.30am-4.30pm

Brief history of herbal medicine; the safety and efficacy of native herbs; identification and use. Make teas/tisanes, compresses and medicated oils.

Tutor: Sandra O'Neil

KITCHEN CUPBOARD PHARMACY

Half day £20 per person

12th August 1pm-5pm

A closer look at culinary herbs and spices; their nutritional and medicinal applications; how and when they can be applied to heal minor ailments.

Tutor: Sandra O'Neil

THERE'S MORE TO PLANTS THAN MEETS THE EYE

Half day £20 per person

30th June, 29th September 1pm-5pm

Discover more about yourself and plants. Find out which plants you are drawn to or repelled by and see if you can find out why.

Tutor: Sarah Atkinson

RUSKIN

RE-ENACTMENT OF THE RUSKIN JOURNEY

One day £40 per person

Saturday 6th June 9.30am-4pm

Tutor: Prof James Spates

RUSKIN & RELIGION - BODY MIND AND SPIRIT

One day £40 per person

Saturday 17 October 9.30am – 4.00pm

Tutor: Michael Wheeler & Susan Woodhead

For full information and bookings:

Brantwood, Coniston, LA21 8AD, Cumbria

Tel: 015394 41396 www.brantwood.org.uk